

BOURNE SPORTS BREAKFAST RUNS



BOURNE SPORTS BREAKFAST RUNS - EVERY SATURDAY!

Every Saturday morning we hold a 4.2 mile run with FREE healthy breakfast. Our Saturday morning Breakfast Runs have been most successful, and we work with our leading brand suppliers to make sure these events are most interesting and enjoyable.

ITINERARY 8.30am Arrive at Bourne Sports
8.45am 30/40 minute run

Runners of all standards are welcome.

There will be 5 groups 6, 7, 8, 10, 12 minute plus milers and there will also be a walking group which will leave at 8.30 am. If you are travelling to the shop on Saturday, come early and enjoy the occasion.

Just 5 minutes by car
from Junction 15 M6



***bourne*sports.com**

Church Street Stoke on Trent ST4 1DJ
Tel: 01782 410411 Fax: 01782 411072

Website: www.bournesports.com



BERRYHILL FIELDS 10K

PLUS JUNIOR EVENTS

(UK Athletics licensed event)

Headquarters: Berryhill Sports Centre
Arbourfield Drive, Stoke-on-Trent

Tuesday 1st July 2008 at 7.30pm

Junior events 6.30pm and 7.00pm
(under UKA rules)

Closing date for entries 28th June 2008

On the day entries plus £2.00

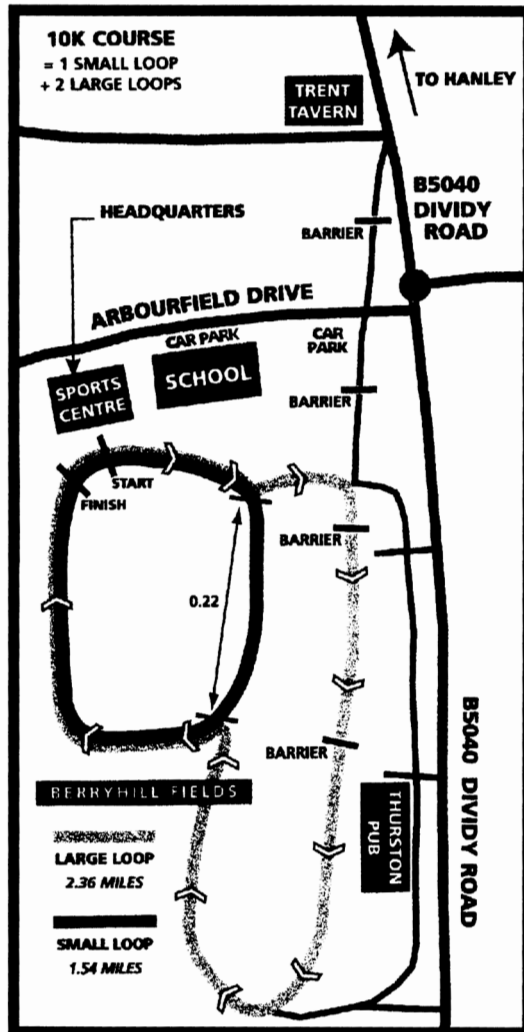
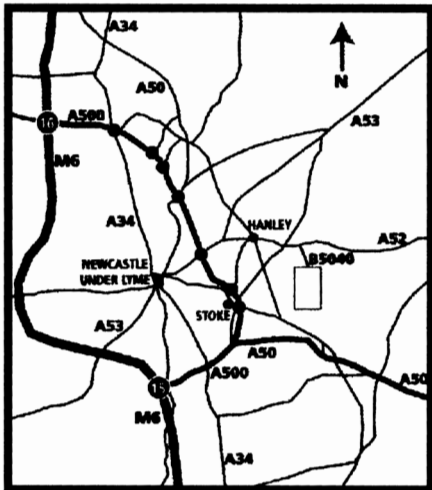
North Staffs Road Runners
Association Event

Berryhill Fields offers a traffic free course.

The course is 'spectator friendly' – total course can be viewed from several vantage points.

HOW TO FIND BERRYHILL

The city of Stoke on Trent is situated in the North West of England almost exactly equidistant between Manchester and Birmingham. For people travelling from outside the area, possibly the easiest way to get to the city is to use the M6, leaving at either junction 15 northbound or junction 16 southbound. From this point on, you should join the A500 and head for Stoke town centre. Be on the look out for signs indicating A52 (Ashbourne) and follow these. You will be directed through Stoke Town Centre and then along Leek Road, for a mile and a half, at which point you will meet a major crossroads controlled by Traffic lights. **TURN RIGHT HERE**, staying in the right of the two lanes, then after a hundred yards or so, at the next set of lights, **TURN RIGHT AGAIN** onto B5040, Dividy Road. **FOLLOW THE MAP AT RIGHT TO BERRYHILL FIELDS.**



Berryhill Fields Festival of running programme

6.30pm: under 13 2K and Fun Run

7.00pm: under 16 4K

7.30pm: open and veterans 10K

Entry fees open and veterans 10k

£5.00 (England Athletics Registered Runners) £7.00 unattached

Juniors under 13, under 16 and Fun Run: £2.00

Entries on the day subject to £2 administration charge

Prizes in all categories

All cheques made payable to **City of Stoke AC**, entries and enquiries to Berryhill Fields 10k, Bourne Sports 36-42 Church Street, Stoke-on-Trent ST4 1DJ

Please enclose a SAE to receive race number, map of course and information

Surname		First names	
Sex	Date of Birth	Age on race day	
Address			
Postcode		Telephone Number	
UKA affiliated club	England Athletics Registration Number	NSRRA membership number	

Please enter me in the following event:- (Please tick)

- Open 10K 7.30pm minimum age 15 years on race day
- Under 13 2K and Fun Run 6.30pm
- Under 16 4K 7pm

Total entry fees £

Declaration: Please enter me in the above events for which I enclose the appropriate fee. I agree to abide by the UKA rules and I understand that the organisers will not be responsible for any loss or injury however occasional resulting from the event.

Signature

Date