CITY OF STOKE AC OPEN MEETING UNDER UKA RULES

SATURDAY 21ST APRIL 2012 FIRST EVENT TAKES PLACE 10.30AM

INCORPORATING DEAF UK ATHLETICS EUROPEAN CHAMPIONSHIP TRIALS

NORTHWOOD STADIUM, CROMER ROAD, STOKE ON TRENT

This event is sponsored by Bourne Sports

bournesports.com

Deafinit Equality Inclusion not Exclusion

DUKA Deaf UK Athletics

PROGRAMME OF EVENTS

Start times	10.30	13.00	15.00	11.30	14.15	12.30	16.00	16.30						
UNDER 11 BOYS		75m	200m	800m					Long Jump					
UNDER 11 GIRLS		75m	200m	800m					Long Jump					
UNDER 13 BOYS	75m hurdles	100m	200m	800m	1500m				Long Jump	High Jump	Shot			
UNDER 13 GIRLS	70m hurdles	100m	200m	800m	1500m				Long Jump	High Jump	Shot			
UNDER 15 BOYS	80m hurdles	100m	200m	800m	1500m	3000m			Long Jump	High Jump	Shot	Discus	Javelin	Hammer
UNDER 15 GIRLS	75m hurdles	100m	200m	800m	1500m	3000m			Long Jump	High Jump	Shot	Discus	Javelin	Hammer
UNDER 17 BOYS	100m hurdles	100m	200m	800m	1500m	3000m			Long Jump	High Jump	Shot	Discus	Javelin	Hammer
UNDER 17 GIRLS	80m hurdles	100m	200m	800m	1500m	3000m			Long Jump	High Jump	Shot	Discus	Javelin	Hammer
JUNIOR MEN	110M hurdles	100m	200m	800m	1500m	3000m	*5000m	400m	Long Jump	High Jump	Shot	Discus	Javelin	Hammer
JUNIOR WOMEN	100M hurdles	100m	200m	800m	1500m	3000m	*5000m	400m	Long Jump	High Jump	Shot	Discus	Javelin	Hammer
SENIOR MEN	110M hurdles	100m	200m	800m	1500m	3000m	*5000m	400m	Long Jump	High Jump	Shot	Discus	Javelin	Hammer
SENIOR WOMEN	100M hurdles	100m	200m	800m	1500m	3000m	*5000m	400m	Long Jump	High Jump	Shot	Discus	Javelin	Hammer

*5000m is one race incorporating Staffs Championships.

TIMETABLE (provisional) FIELD

10.30	HAMMER	All age groups (as listed above)	HURDLES
11.00	LONG JUMP	U11B U11G U13B U13G	
11.30	HIGH JUMP	U13G U15G U17W JunW SenW	800M
12.30	LONG JUMP	U15B U15G U17M U17W Jun W Jun M Sen W Sen M	3000M

The Dave Mountford Memorial trophy will be awarded to the best long jump performance of the meeting (Result to be determined by performance by National Age Group standards).

13.00	JAVELIN	U15B U15G U17W Jun W Sen W	75M
13.00	SHOT	U13B U13G U15B U15G U17W JunW Sen W	100M
14.00	HIGH JUMP	U13B U15B U17M JunM SenM	
14.15	JAVELIN	U17M JunM SenM	1500M
15.00	DISCUS	U15B U15G U17W Jun W Sen W	200M
15.15	SHOT	U17M JunM SenM	
16.00	DISCUS	U17M JunM SenM	5000M

N.B. The sequence of events on the timetable is correct but starting times are liable to fluctuation.

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CITY OF STOKE ON TRENT AC OPEN MEETING Closing date for entries: Saturday 14th April 2012 (late entries will not be accepted)

Name: _____ **Club:** _____

Address: _____ **Postcode:** _____

Telephone: (day) _____ **(evening)** _____ **E-mail:** _____

Date of birth: _____ **Age group (Tick)** ☐ **U11** ☐ **U13** ☐ **U15** ☐ **U17** ☐ **Junior** ☐ **Senior** **Gender:** ☐ **Male** ☐ **Female** ☐ **Deaf**

EVENTS ENTERED Any individual may enter a maximum of any three events. **ENTRY FEES: £4 per event, 3 events £10.** sales@bournesports.com

		PB	09/10 Best
EVENT 1			
EVENT 2			
EVENT 3			

Please send completed entry form plus payment to: **OPEN MEETING, c/o 3 HARDING TERRACE, WEST END STOKE ST4 5AF.** Cheques payable to City of Stoke A.C.

for further information on this event, visit our web site - www.stokeac.org.uk