

Sub4 City Parks Longton 2009 Senior 5k

Pos	Race No	Name	Club	Cat	Time
1	14	A.DERRICOTT	SMAC	M	15.23.00
2	21	S.DUFFY	STOKE AC	M	15.36.00
3	18	B.GAMBLE	SMM	M	15.39.00
4	12	P.LESTER	C&STAFFS	M	16.48.00
5	5	M.HARDING	STOKE AC	M	16.56.00
6	8	S.COOPER	STOKE AC	M	17.01.00
7	146	P.GIBBINGS	TRENTAM	M45	17.08.00
8	11	P.PUGH	C&STAFFS	M	17.15.00
9	138	A.ALLEN	STOKE AC	M40	17.16.00
10	9	D.LEE	STOKE AC	M	17.18.00
11	117	M.FLINT	NEWCASTLE	M40	17.25.00
12	135	J.WYATT	UNATT	M40	17.45.00
13	19	R.COOK	STOKE AC	M	17.47.00
14	15	P.HUDSON	STH CHESHIRE	M	17.52.00
15	140	S.BACON	CONGLETON	M40	17.59.00
16	22	R.HARVEY	MANCHESTER TRI	M	18.01.00
17	25	D.HALL	UNATT	M	18.02.00
18	7	A.FAULKNER	STOKE AC	M	18.04.00
19	105	N.JONES	STH CHESHIRE	M40	18.05.00
20	121	P.BURSLEM	TRENTAM	M40	18.20.00
21	22				18.23.00
22	131	R.PROCTOR	TRENTAM	M	18.25.00
23	130	M.DEAN	SMAC	M40	18.27.00
24	20	J.WILLIAMSON	TRENTAM	M	18.31.00
25	137	P.READ	UTTOXETER	M40	18.45.00
26	128	M.WOOD	SMAC	M40	18.46.00
27	23	J.BROOME	STOKE AC	M	18.50.00
28	227	J.SLACK	NEWCASTLE	F	18.51.00
29	29	N.PEARSON	UNATT	M	18.52.00
30	214	J.DONNELLY	TRENTAM	F	18.57.00
31	120	R.MORRIS	NEWCASTLE	M45	18.58.00
32	202	L.BAKER	SMAC	F	19.02.00
33	6	C.MOSS	CONGLETON	M	19.05.00
34	116	T.FOWLER	BUXTON	M40	19.07.00
35	129	N.MARTIN	UNATT	M45	19.09.00
36	223	C.BOOKER	STOKE AC	F	19.12.00
37	123	D.COLCLOUGH	TRENTAM	M45	19.15.00
38	216	.K.LAMPLOUGH	MACCLESFIELD	F	19.18.00
39	220	R.HARRISON	CHEADLE	F	19.27.00
40	134	G.AARTSEE-TUYN	NSRRA	M40	19.36.00
41	143	M.BEARDMORE	CHEADLE	M55	19.53.00
42	147	D.SHEPHERD	TRENTAM	M50	20.09.00
43	126	B.TONKS	TRENTAM	M50	20.17.00
44	145	D.WILSON	NEWCASTLE	M40	20.28.00
45	205	S.REEVES	SMAC	F	20.30.00
46	111	R.BRITAIN	SMAC	M55	20.31.00
47	107	D.MARSDEN	STAFFORD H	M55	20.31.01
48	124	M.QUINCE	BUXTON	M40	20.34.00
49	17	G.PAYNE	SMM	M	20.34.01
50	26	B.CANN	UTTOXETER	M	20.43.00
51	10	J.BLOUNT	NEWCASTLE	M	20.46.00
52	144	B.MACKAY	UTTOXETER	M60	20.48.00
53	28	J.STANFIELDS	NSRRA	M	20.54.00

54	213	S.TAYLOR	MICHELIN	F40	20.59.00
55	142	K.BLOOR	TRENTAM	M45	21.00.00
56	112	C.LARSSON	NEWCASTLE	M40	21.07.00
57	153	P.DOYLE	CONGLETON	M50	21.09.00
58	152	P.CLIFF	ST CHESHIRE	M45	21.15.00
59	150	A.GODFREY	ST CHESHIRE	M50	21.17.00
60	209	C.HOLLINSHEAD	CHEADLE	F35	21.19.00
61	24	J.HALL	UNATT	M	21.19.00
62	139	P.DIVALL	NSRRA	M60	21.29.00
63	148	M.WILLIAMS	NSRRA	M50	21.39.00
64	236	K.JOHNSON	TRENTAM	F	21.39.01
65	16	D.WINDSOR	SMAC	M	21.40.00
66	13	K.JERVIS	UNATT	M	21.46.00
67	225	C.WOOD	CONGLETON	F	21.48.00
68	2	M.DAY	TRENTAM	M	21.50.00
69	141	A.LEWIS	TRENTAM	M65	21.55.00
70	3	C.PARKER	UNATT	M	22.01.00
71	136	C.BARLOW	SMM	M60	22.05.00
72	119	K.UZZELL	SMM	M60	22.05.00
73	109	B.POWELL	NSRRA	M55	22.08.00
74	230	K.WIDDOWSON	ESPORTA	F35	22.18.00
75	118	M.HUGHES	TRENTAM	M50	22.19.00
76	108	M.WOOLRIDGE	NSRRA	M45	22.24.00
77	203	J.MOSS	CONGLETON	F35	22.26.00
78	206	R.WILSON	TRENTAM	F50	22.26.01
79	122	M.CHURTON	SMM	M40	22.29.00
80	110	F.CHIDLOW	UNATT	M60	23.01.00
81	149	H.PINKNEY	CONGLETON	M55	23.12.00
82	106	F.AUSTIN	UNATT	M45	23.18.00
83	132	D.BROOKES	TRENTAM	M70	23.21.00
84	201	C.SHERRAT	UNATT	F	23.31.00
85	224	L.SHEPLEY	SMM	F50	23.33.00
86	231	S.DAWSON	UNATT	F40	23.41.00
87	221	J.GIBBONS	STH CHESHIRE	F50	23.46.00
88	102	D.CARTER	UTTOXETER	M45	23.49.00
89	219	R.TWEEDIE	NEWCASTLE	F35	23.54.00
90	212	S.RHODES	NEWCASTLE	F	24.01.00
91	229	L.WEBB	UTTOXETER	F45	24.04.00
92	125	T.WALTON	BLYTHE BRIDGE	M60	24.06.00
93	234	D.STANFIELD	UNATT	F	24.11.00
94	101	N.SYMMS	NEWCASTLE	M40	24.15.00
95	133	A.BRIDGWOOD	MICHELIN	M60	24.29.00
96	211	C.MORRIS	NEWCASTLE	F45	24.32.00
97	217	H.HALL	NEWCASTLE	F45	24.43.00
98	218	C.BRERTON	UNATT	F35	24.45.00
99	27	A.POWELL	UNATT	M	24.58.00
100	114	D.TAYLOR	CHASE	M40	25.19.00
101	235	S.DAVIES	NEWCASTLE	F	25.20.00
102	127	T.GOODWIN	TRENTAM	M70	25.23.00
103	151	S.JENKINS	UNATT	M40	25.54.00
104	210	A.WHITEHURST	NEWCASTLE	F	26.00.00
105	204	R.BANKS	SMM	F65	26.05.00
106	237	H,RANFORD	UNATT	F35	26.09.00
107	226	L.LANCASTER	UTTOXETER	F35	26.36.00
108	228	B.RILEY	NEWCASTLE	F45	26.40.00
109	103	G.WILKS	NSRRA	M60	26.49.00

110	208	L.HALL	NORTON CANES	F	28.28.00
111	115	C.PHEASANT	CHASE	M50	28.29.00
112	232	H.POWELL	UNATT	F55	30.43.00
113	233	S.JONES	UNATT	F	31.46.00
114	238	L.JANDA	UNATT	F	32.40.00