

CITY OF STOKE AC OPEN MEETING UNDER UKA RULES

SUNDAY 18TH APRIL 2010 FIRST EVENT TAKES PLACE 10.30AM

NORTHWOOD STADIUM, CROMER ROAD, STOKE ON TRENT



This event is sponsored by Bourne Sports

PROGRAMME OF EVENTS

Start times	10.45	13.00	15.00	11.30	14.15	12.30	16.00						
UNDER 11 BOYS		75m	200m	800m						Long Jump			
UNDER 11 GIRLS		75m	200m	800m						Long Jump			
UNDER 13 BOYS	75m hurdles	100m	200m	800m	1500m					Long Jump	High Jump	Shot	
UNDER 13 GIRLS	70m hurdles	100m	200m	800m	1500m					Long Jump	High Jump	Shot	
UNDER 15 BOYS	80m hurdles	100m	200m	800m	1500m	3000m				Long Jump	High Jump	Shot	Discus Javelin Hammer
UNDER 15 GIRLS	75m hurdles	100m	200m	800m	1500m	3000m				Long Jump	High Jump	Shot	Discus Javelin Hammer
UNDER 17 BOYS	100m hurdles	100m	200m	800m	1500m	3000m				Long Jump	High Jump	Shot	Discus Javelin Hammer
UNDER 17 GIRLS	80m hurdles	100m	200m	800m	1500m	3000m				Long Jump	High Jump	Shot	Discus Javelin Hammer
JUNIOR MEN		100m	200m	800m	1500m	3000m	*5000m			Long Jump	High Jump	Shot	Discus Javelin Hammer
JUNIOR WOMEN		100m	200m	800m	1500m	3000m	*5000m			Long Jump	High Jump	Shot	Discus Javelin Hammer
SENIOR MEN		100m	200m	800m	1500m	3000m	*5000m			Long Jump	High Jump	Shot	Discus Javelin Hammer
SENIOR WOMEN		100m	200m	800m	1500m	3000m	*5000m			Long Jump	High Jump	Shot	Discus Javelin Hammer

5000m is one race incorporating Staffs Championships.

TIMETABLE (provisional)

FIELD

10.30	HAMMER	All age groups (as listed above)												
11.00	LONG JUMP	U11B	U11G	U13B	U13G									
11.30	HIGH JUMP	U13G	U15G	U17W	JunW	SenW							800M	
12.30	LONG JUMP	U15B	U15G	U17M	U17W	Jun W	Jun M	Sen W	Sen M					3000M
13.00	JAVELIN	U15B	U15G	U17W	Jun W	Sen W							75M	
13.00	SHOT	U13B	U13G	U15B	U15G	U17W	JunW	Sen W					100M	
14.00	HIGH JUMP	U13B	U15B	U17M	JunM	SenM								
14.15	JAVELIN	U17M	JunM	SenM								1500M		
15.00	DISCUS	U15B	U15G	U17W	Jun W	Sen W							200M	
15.15	SHOT	U17M	JunM	SenM										
16.00	DISCUS	U17M	JunM	SenM								5000m		

N.B. The sequence of events on the timetable is correct but starting times are liable to fluctuation.



CITY OF STOKE ON TRENT AC OPEN MEETING Closing date for entries: Monday 12th April 2010 (late entries will not be accepted)

Name: _____ Club: _____
 Address: _____ Postcode: _____
 Telephone: (day) _____ (evening) _____ E-mail: _____
 Date of birth: _____ Age group (please tick) U11 U13 U15 U17 Junior Senior Gender: Male Female

EVENTS ENTERED Any individual may enter a maximum of any three events. **ENTRY FEES: £3 per event, 3 events £8.** sales@bournesports.com

EVENT 1		PB	08/09 Best
EVENT 2			
EVENT 3			

Please send completed entry form plus payment to: OPEN MEETING, c/o 3 HARDING TERRACE, WEST END STOKE ST4 5AF. Cheques payable to City of Stoke A.C.

for further information on this event, visit our web site - www.stokeac.org.uk